Meeting Starters

**KEEP
Real Colors
ALIVE®**

WOULD YOU RATHER

Forget your friend's birthday or forget a deadline at work?

Purpose:

After your team's Real Colors® workshop, it is important to continue conversations that reinforce the initial learning outcomes. Starting a meeting with a quick question for everyone to answer is a good way to review Real Colors® concepts in a fun, interactive way. The "Would You Rather" Meeting Starters encourage participants to remind the group of their Primary and Secondary Colors and to answer a question that will give insight into their color preferences.

Caution:

Emphasize no Color Bashing. That means do not allow or promote making fun of any temperament, including negative comments or characterizations. Do not tolerate stereotyping. This is not the time to talk about weaknesses or to criticize the temperament.

Process:

To start this activity,

Say: *"We are going to have a little fun using our Real Colors® knowledge. I am going to give you a 'Would You Rather' scenario. Each of us has a measure of all four Real Colors®, but typically, the top two shape our feelings and behaviors most. Before you answer your question, please share your Primary and Secondary Color with the group as a reminder. There is no right or wrong answer to the question."*

"Would you rather forget your friend's birthday or forget a deadline at work?"

Allow each person in the room to answer the question. You can either go around the room in order, call on people at random, or allow people to arbitrarily answer as they feel comfortable.

Wrapping It Up:

To close this activity,

Say: *"We all have preferences. They are not good-or-bad or right-or-wrong. But, just as some people will prefer to forget their friend's birthday while others will prefer to forget a deadline at work, we also have a tendency to gravitate to certain Real Colors®. Real Colors® is about recognizing, accepting, and appreciating the differences in others. I hope this fun way to start our meeting today reminded you of the value we all bring to this team."*

Real Colors®